

**Valuing Your Family**  
**Part 2-Forgiving**  
**Ephesians 4: 31-32**  
**Supporting Scripture**

The Grudge.

An unforgiving heart will bring its own \_\_\_\_\_.

Our Scripture speaks against the grudge.

**Note Paul gives...**

- A \_\_\_\_\_
- A \_\_\_\_\_

**We need to...**

- \_\_\_\_\_ the method
- \_\_\_\_\_ the method
- Make the method our \_\_\_\_\_