

Flexing Spiritual Muscle
Part 7 The Discipline of Prayer
Matthew 5: 5-15; Other Scripture

“Of all the Spiritual Disciplines prayer is the most central because it ushers us into perpetual communion with the Father.”--Richard Foster

Our main Scripture today is Jesus giving an introduction to prayer for his followers.

Consider Today...

- The things we _____ about prayer.

- The _____ about prayer
 1. Prayer is about _____ for _____.

 2. Prayer doesn't affect _____.

 3. Prayer goes _____.

 4. We need to pray just _____.

REMEMBER!!! No matter if you understand about prayer the main purpose is talking with your Father in Heaven to become closer in relationship with Him.

Daily Scripture Reading

Sunday-The pattern of Prayer/ Matthew 6:5-15

Monday-The prayer of worship/ Psalms 103

Tuesday-The prayer of repentance/ Psalms 51

Wednesday-The prayer of thanksgiving/ Psalms 150

Thursday-The prayer of guidance/ James 5: 13-18

Friday-The prayer of Faith/ Mark 9: 14-29